



It's the 70th Anniversary of the Sandhurst Legends of Sport Competition. To win the glittering gold trophy, the players will need to go one better. Read the series and find out who can take the heat.

Skateboarding is flavour of the month, but an accident could end the dreams of one Legend contender. The footballers are set to take to the field and Karla is pushing the boundaries. Mitchell and Travis are neck and neck on 11 points. Can Mitchell outplay Travis to take the lead in the Legends competition?

#### About the Story

Mitchell was apprehensive about the game against Wetherhood, remembering an error he had made against them the previous year. The coach, Mr T, told Travis to trust his instincts. He said that they would work for him nine times out of ten.

In a small group, discuss the following questions:

- What is your opinion of a coach telling a player to trust his instincts? Give reasons for your answer.
- Might you be prone to make errors if you rely on your instincts?
- Do you think Mitch is a good player primarily because he trusts his instincts or is it more because he listens to his coach? Give reasons for your answer.

Following your discussion, try to agree on an answer to the following questions:

- What clues did you pick up from the story that suggest Mr T is a good coach?
- What events from the story best illustrate examples of Mitch trusting his instincts?

Share your group's ideas with the rest of the class.

#### Applying an Event from the Story to Real Life

On page 78, Mr T told his team that every footballer needs a lesson in losing, following the loss to Wetherhood.

Consider the following questions:

The Anniversary  
Legends Book Five:

Out of Bounds

by  
Michael Panckridge

Teacher Notes  
prepared by Garry  
Chapman

Readership: Mid-primary to  
Lower-Secondary

Genre: Fiction

- What sort of things can an athlete learn from losing?
- Is it okay for an athlete to feel good about his or her performance, even if he or she has not won? Give reasons for your answer.
- Can Mr T's statement be applied to other aspects of life, unrelated to sport? Give reasons for your answer.
- Can you think of a time when you were not a winner, yet you feel you learnt something from the experience? What happened?

Now you've carefully considered Mr T's thoughts on losing, write a short passage about turning a bad situation into something positive. Share it with your friends.

#### About the Characters

Sometimes a key character in a book never actually takes part in the events of the story. Such is the case with Mark Neeld, the former Geelong and Richmond footballer, who Bubba chose as his footy card pick for Mr T's quiz. Neeld sent Bubba an email with some useful football tips in it for both Bubba and Mitch.

Complete this table to show the influence Neeld had on Bubba personally and on the outcome of the match from Mitch's perspective.

Character	Neeld's advice	Outcome of Neeld's advice
Bubba		
Mitch		

What do you think was the best advice given by Mark Neeld? Give reasons for your answer.

#### About the Sport

Mr T put his players through range of activities similar to those used at the AFL draft camp.

Consider some of the exercises Mitch and the others had to perform, then state why these are important for footballers.

Performance	How this might help a footballer
-------------	----------------------------------

Vertical standing jump	
Horizontal standing jump	
20-metre sprint	
Beep test	
Flexibility	
Strength	

### Word Study

Karla told Mrs Waite that the matter of girls playing football was not trivial for her.

- What does 'trivial' mean?
- What are some synonyms (words with similar meanings) for trivial?
- What are some antonyms (words with opposite meanings) for trivial?

Mitch was booked for 'unduly rough play' in the game against Wetherhood. What does 'unduly' mean?

### About the Author



Michael Panckridge is a teacher at Geelong College and has been working there for 12 years. He is pretty mad-keen on sport. He has played cricket, football, soccer, tennis, hockey, golf. He also collects sporting things. He has a massive collection of football cards and lots of cricket books too.

Michael lives in Geelong, Victoria with his partner Jo, and daughters Eliza and Bronte. This family also own a dog named Oscar and five fish (Angel, Fred, Luther, Ugly and Even Uglier). (Michael insists that he's never actually seen five fish at the one time. He also adds that the neighbours on both sides own cats!)

