

It's the 70th Anniversary of the Sandhurst Legends of Sport Competition. To win the glittering gold trophy, the players will need to go one better. Read the series and find out who can take the heat.

Rugby is a brutal game. You have to be tough to make the team. Mitchell Grady needs the points to have a chance at being this year's Legend. But Travis Fisk has got the lead and he is more determined than ever. Who will be the last player left standing?

The Anniversary  
Legends Book Three:

About the Story

Pack Down

Both Mr Spears and Mr Fisk addressed the members of the Sandhurst rugby team before the Sevens tournament began. Mr Spears told them to enjoy the carnival and to do their best. Mr Fisk told them he would not be satisfied with anything less than first place.

by  
Michael Panckridge

In a small group, discuss the following questions:

- At what levels of sport do you think winning becomes more important than competing?
- Do you think leading athletes enjoy participating in major events when they don't win? Give reasons.
- Why do you think two people associated with the same team can have such opposing attitudes to playing sport?

Teacher Notes  
prepared by Garry  
Chapman

Following your discussion, try to agree on an answer to the following questions:

- When you play sport for your school, how important is it to try to win?
- What are some of the positive aspects that may arise from losing a game of sport?

Readership: Mid-primary to  
Lower-Secondary

Genre: Fiction

Share your group's ideas with the rest of the class.

### Applying an Event from the Story to Real Life

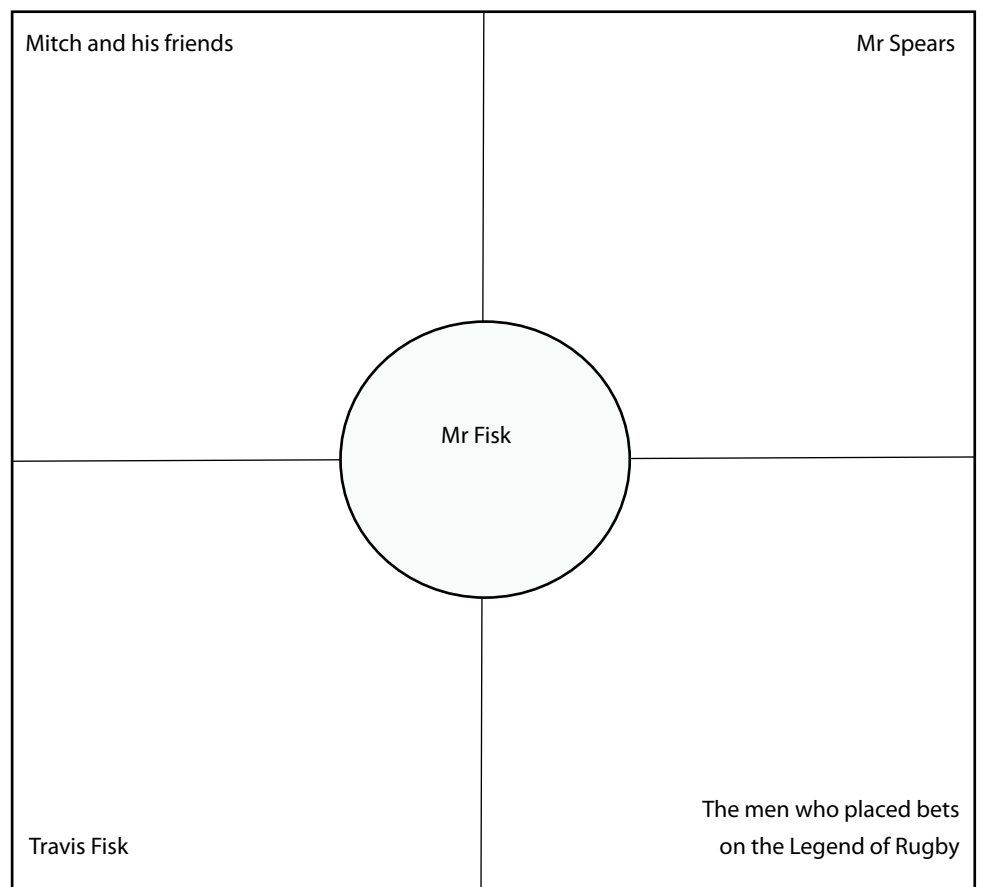
Mitch noted that for the game against Wetherhood a few of the kids wore helmets and all wore mouthguards.

Consider the following questions:

- What are some of the other forms of protective gear that athletes wear in other sports?
- How important is it to wear protective gear in sport? Give examples.
- Should it be compulsory for players in contact sports to wear mouthguards? Give reasons.
- Is the potential for being injured a deterrent to playing sport?

### About the Characters

Mr Fisk was heavily involved in all aspects of the Legend of Rugby. Write a statement to explain how each of these people would have felt about his involvement?



## About the Sport

When Steve Lindquist took the Sandhurst team's training session, he insisted on the players warming up and stretching first, in order to prepare their muscles for the activity. What are five good warm up exercises and what parts of the body benefit from them?

No	Exercise	How the body benefits
1		
2		
3		
4		
5		

## Word Study

In Chapter 10, Steve Lindquist wrote that a highlight from his younger days was when he kicked a goal from the sideline. 'Highlight' and 'sideline' are both compound words – single words made up from two other separate words.

- What smaller words have been combined to make 'highlight' and 'sideline'?
- What are six other compound words contained in Chapter 10?
- Rugby is one form of football, which is a compound word. List the names of all the sports whose names are also compound words.

The word 'rugby' has a very interesting origin. Use reference books or the internet to find out how the sport got its name. Write a paragraph explaining what you have learnt.

## About the Author



Michael Panckridge is a teacher at Geelong College and has been working there for 12 years. He is pretty mad-keen on sport. He has played cricket, football, soccer, tennis, hockey, golf. He also collects sporting things. He has a massive collection of football cards and lots of cricket books too.

Michael lives in Geelong, Victoria with his partner Jo, and daughters Eliza and Bronte. This family also own a dog named Oscar and five fish (Angel, Fred, Luther, Ugly and Even Uglier). (Michael insists that he's never actually seen five fish at the one time. He also adds that the neighbours on both sides own cats!)